



# Greenwood School Curriculum Summary

**Subject: PSHE - Peer influence, substance use and sexual violence**

**Healthy and unhealthy relationships, assertiveness, substance misuse and sexual violence / harassment.**

**Year: KS4 (XB and 10.2)**

**Term: Spring 1**

<b>Lesson name</b>	<b>Lesson outline</b>	<b>Online link(s)</b>	<b>Other Resources</b>
XB Health and Wellbeing – Evaluate myths and misconceptions around drug, alcohol and tobacco use.	Peer influence and substance use: To evaluate myths, misconceptions, social norms and cultural values relating to drug, alcohol and tobacco use Explore, the personal and social risks and consequences of substance use and misuse including occasional use – create a PowerPoint/leaflet to highlight the risks. Include what the law is relating to the supply, use and misuse of legal and illegal substances – use the internet and the links to research.	<a href="https://alcoholchange.org.uk/alcohol-facts/fact-sheets">https://alcoholchange.org.uk/alcohol-facts/fact-sheets</a> <a href="https://www.drugwise.org.uk/what-are-the-uk-drug-laws/">https://www.drugwise.org.uk/what-are-the-uk-drug-laws/</a>	Complete the true or false quiz (Baseline – separate worksheet)
Healthy and unhealthy relationships – How drug abuse affects families.	What are the characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality – create a mind map - link with prior learning. Repeat for unhealthy relationships. Watch the drama about how drug abuse affects families – follow the link. Complete the accompanying worksheet.	<a href="https://www.bbc.co.uk/bitesize/clips/zmf2hyc">https://www.bbc.co.uk/bitesize/clips/zmf2hyc</a>	Worksheet – How does drug abuse affect families?
Risk factors in relation to gangs and strategies to manage pressure	Learning about the factors that contribute to young people joining gangs; the social, legal and physical consequences of gang behaviours Strategies to manage pressure to join a gang, exit strategies and how to access appropriate support Recognise situations where you are being adversely influenced, or are at risk, due to being part of a particular group or gang; strategies to access appropriate help – click on the link and explore the, 'No knives, better lives' website.	<a href="https://noknivesbetterlives.com/young-people/">https://noknivesbetterlives.com/young-people/</a>	
Assertiveness	Explore Assertiveness: What is it? Why does it matter? Too Passive? Too Aggressive? Or Just Right? The problems of being too passive. The trouble with being too aggressive. How to be more assertive. Select the link and create a fact sheet on Assertiveness.	<a href="https://kidshealth.org/en/teens/assertive.html">https://kidshealth.org/en/teens/assertive.html</a>	
Substance misuse	How does drugs, alcohol (substance misuse) affect mental health? Use the link to explore/research how key drugs have an impact. Create a fact sheet highlighting, key points; how you can access help and useful contacts.	<a href="https://www.rethink.org/advice-and-information/about-mental-illness/learn-more-about-conditions/drugs-alcohol-and-mental-health/?gclid=EAlaQobChMIisf0g9-x7QIVUJ71Ch36oAn2EAMYASAAEgKqXvD_BwE">https://www.rethink.org/advice-and-information/about-mental-illness/learn-more-about-conditions/drugs-alcohol-and-mental-health/?gclid=EAlaQobChMIisf0g9-x7QIVUJ71Ch36oAn2EAMYASAAEgKqXvD_BwE</a>	

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